TRADING FEAR FOR FAITH IN JESUS

Who is Jesus?

What can Jesus do?



Mark 4:35-41

^[35] On that day, when evening had come, he said to them, "Let us go across to the other side." ^[36] And leaving the crowd, they took him with them in the boat, just as he was. And other boats were with him. ^[37] And a great windstorm arose, and the waves were breaking into the boat, so that the boat was already filling. ^[38] But he was in the stern, asleep on the cushion. And they woke him and said to him, "Teacher, do you not care that we are perishing?" ^[39] And he awoke and rebuked the wind and said to the sea, "Peace! Be still!" And the wind ceased, and there was a great calm. ^[40] He said to them, "Why are you so afraid? Have you still no faith?" ^[41] And they were filled with great fear and said to one another, "Who then is this, that even the wind and the sea obey him?"

Mark 5

^[1] They came to the other side of the sea, to the country of the Gerasenes. ^[2] And when Jesus had stepped out of the boat, immediately there met him out of the tombs a man with an unclean spirit. ^[3] He lived among the tombs. And no one could bind him anymore, not even with a chain, ^[4] for he had often been bound with shackles and chains, but he wrenched the chains apart, and he broke the shackles in pieces. No one had the strength to subdue him. ^[5] Night and day among the tombs and on the mountains he was always crying out and cutting himself with stones. ^[6] And when he saw Jesus from afar, he ran and fell down before him. ^[7] And crying out with a loud voice, he said, "What have you to do with me, Jesus, Son of the Most High God? I adjure you by God, do not torment me." ^[8] For he was saying to him, "Come out of the man, you unclean spirit!" ^[9] And Jesus asked him, "What is your name?" He replied, "My name is Legion, for we are many." ^[10] And he begged him earnestly not to send them out of the country. ^[11] Now a great herd of pigs was feeding there on the hillside, ^[12] and they begged him, saying, "Send us to the pigs; let us enter them." ^[13] So he gave them permission. And the unclean spirits came out and entered the pigs; and the herd, numbering about two thousand, rushed down the steep bank into the sea and drowned in the sea.

^[14] The herdsmen fled and told it in the city and in the country. And people came to see what it was that had happened. ^[15] And they came to Jesus and saw the demon-possessed man, the one who had had the legion, sitting there, clothed and in his right mind, and they were afraid. ^[16] And those who had seen it described to them what had happened to the demon-possessed man and to the pigs. ^[17] And they began to beg Jesus to depart from their region. ^[18] As he was getting into the boat, the man who had been possessed with demons begged him that he might be with him. ^[19] And he did not permit him but said to him, "Go home to your friends and tell them how much the Lord has done for you, and how he has had mercy on you." ^[20] And he went away and began to proclaim in the Decapolis how much Jesus had done for him, and everyone marveled.

^[21] And when Jesus had crossed again in the boat to the other side, a great crowd gathered about him, and he was beside the sea.
^{22]} Then came one of the rulers of the synagogue, Jairus by name, and seeing him, he fell at his feet ^[23] and implored him earnestly, saying, "My little daughter is at the point of death. Come and lay your hands on her, so that she may be made well and live." ^[24] And he went with him.

And a great crowd followed him and thronged about him. ^[25] And there was a woman who had had a discharge of blood for twelve years, ^[26] and who had suffered much under many physicians, and had spent all that she had, and was no better but rather grew worse. ^[27] She had heard the reports about Jesus and came up behind him in the crowd and touched his garment. ^[28] For she said, "If I touch even his garments, I will be made well." ^[29] And immediately the flow of blood dried up, and she felt in her body that she was healed of her disease. ^[30] And Jesus, perceiving in himself that power had gone out from him, immediately turned about in the crowd and said, "Who touched my garments?" ^[31] And his disciples said to him, "You see the crowd pressing around you, and yet you say, 'Who touched me?'" ^[32] And he looked around to see who had done it. ^[33] But the woman, knowing what had happened to her, came in fear and trembling and fell down before him and told him the whole truth. ^[34] And he said to her, "Daughter, your faith has made you well; go in peace, and be healed of your disease."

While he was still speaking, there came from the ruler's house some who said, "Your daughter is dead. Why trouble the Teacher any further?" [36] But overhearing what they said, Jesus said to the ruler of the synagogue, "Do not fear, only believe." [37] And he allowed no one to follow him except Peter and James and John the brother of James. [38] They came to the house of the ruler of the synagogue, and Jesus saw a commotion, people weeping and wailing loudly. [39] And when he had entered, he said to them, "Why are you making a commotion and weeping? The child is not dead but sleeping." [40] And they laughed at him. But he put them all outside and took the child's father and mother and those who were with him and went in where the child was. [41] Taking her by the hand he said to her, "Talitha cumi," which means, "Little girl, I say to you, arise." [42] And immediately the girl got up and began walking (for she was twelve years of age), and they were immediately overcome with amazement. [43] And he strictly charged them that no one should know this, and told them to give her something to eat.

Mark 6:1-6

He went away from there and came to his hometown, and his disciples followed him. ^[2] And on the Sabbath he began to teach in the synagogue, and many who heard him were astonished, saying, "Where did this man get these things? What is the wisdom given to him? How are such mighty works done by his hands? ^[3] Is not this the carpenter, the son of Mary and brother of James and Joses and Judas and Simon? And are not his sisters here with us?" And they took offense at him. ^[4] And Jesus said to them, "A prophet is not without honor, except in his hometown and among his relatives and in his own household." ^[5] And he could do no mighty work there, except that he laid his hands on a few sick people and healed them. ^[6] And he marveled because of their unbelief. And he went about among the villages teaching. (ESV)

Trading Fear for Faith in Jesus

January 23, 2022



Open: What are some things that cause you to feel fear?

Read & Discuss: Mark 5:21-24.

- 1. What do we learn about Jairus from these verses? How might Jairus have been feeling at this point in the story?
- 2. What are some challenges in your life right now that feel almost insurmountable? How do you tend to respond when faced with such challenges? If you struggle to turn to Jesus in faith, what factors do you think cause this?

Read & Discuss: Mark 5:25-34.

- 3. In verses 25-28, what do we learn about this unnamed woman? What might you have felt if you had been in her condition?
- 4. Jesus' response to her would have brought her emotional healing in ways which far surpassed her physical healing. What are some of those ways, and how might she have felt as she walked away from this encounter with Jesus?

Read & Discuss: Mark 5:35-43.

- 5. Given the state of Jairus' daughter (v. 23), what might he have been thinking while Jesus stopped and talked with this woman? How should the incident between Jesus and the woman have encouraged Jairus in his faith as he anticipated Jesus going to see his daughter?
- 6. How would you have responded to the news that your daughter had died (v. 35)? At this point, Jesus speaks up to encourage Jairus in his faith (v. 36). What words of Scripture have helped to strengthen your faith when you feel it weakening?
- 7. What characteristics of faith do you see in this passage that Jesus desires from us? What do you learn about Jesus in this passage that encourages you to trust in Him, even when you feel overwhelmed by the challenges of life?

Apply: Thinking of some of the challenges you're facing that feel insurmountable, what would trusting God in these situations look like?

Pray: Pray, asking God to bring hope and healing in these situations.

Mark 5:21-43.

[21] And when Jesus had crossed again in the boat to the other side, a great crowd gathered about him, and he was beside the sea. [22] Then came one of the rulers of the synagogue, Jairus by name, and seeing him, he fell at his feet [23] and implored him earnestly, saying, "My little daughter is at the point of death. Come and lay your hands on her, so that she may be made well and live." [24] And he went with him.

And a great crowd followed him and thronged about him. ^[25] And there was a woman who had had a discharge of blood for twelve years, ^[26] and who had suffered much under many physicians, and had spent all that she had, and was no better but rather grew worse. ^[27] She had heard the reports about Jesus and came up behind him in the crowd and touched his garment. ^[28] For she said, "If I touch even his garments, I will be made well." ^[29] And immediately the flow of blood dried up, and she felt in her body that she was healed of her disease. ^[30] And Jesus, perceiving in himself that power had gone out from him, immediately turned about in the crowd and said, "Who touched my garments?" ^[31] And his disciples said to him, "You see the crowd pressing around you, and yet you say, 'Who touched me?'" ^[32] And he looked around to see who had done it. ^[33] But the woman, knowing what had happened to her, came in fear and trembling and fell down before him and told him the whole truth. ^[34] And he said to her, "Daughter, your faith has made you well; go in peace, and be healed of your disease."

daughter is dead. Why trouble the Teacher any further?" [36] But overhearing what they said, Jesus said to the ruler of the synagogue, "Do not fear, only believe." [37] And he allowed no one to follow him except Peter and James and John the brother of James. [38] They came to the house of the ruler of the synagogue, and Jesus saw a commotion, people weeping and wailing loudly. [39] And when he had entered, he said to them, "Why are you making a commotion and weeping? The child is not dead but sleeping." [40] And they laughed at him. But he put them all outside and took the child's father and mother and those who were with him and went in where the child was. [41] Taking her by the hand he said to her, "Talitha cumi," which means, "Little girl, I say to you, arise." [42] And immediately the girl got up and began walking (for she was twelve years of age), and they were immediately overcome with amazement. [43] And he strictly charged them that no one should know this, and told them to give her something to eat. (ESV)